

Little Me Pre-Kindergarten

HEALTH & ILLNESS POLICY ACKNOWLEDGEMENT

2026-2027 School Year

At Little Me, the health and safety of our children, staff and families is a priority. Our Health & Illness Policy is outlined in the Little Me Parent Handbook and is intended to help maintain a safe and healthy learning environment for everyone.

By signing this form, I confirm that I have read and understand the Health & Illness Policy in the Little Me Parent Handbook. I agree to follow the illness exclusion and return-to-care requirements throughout my child's enrollment.

I understand and agree that:

- ✓ My child must remain home when they are ill or experiencing symptoms that meet Little Me's exclusion criteria.
- ✓ My child must be symptom-free for at least 48 hours before returning to Little Me.
- ✓ If antibiotics are required for a contagious illness, my child must have been taking the prescribed antibiotics for at least 48 hours before returning.
- ✓ Medication such as Tylenol, Advil, decongestants or cough suppressants must not be used to mask symptoms so that my child can attend.
- ✓ If my child becomes ill while at Little Me, I or an authorized alternate pickup person will arrange prompt pickup when contacted.
- ✓ Little Me staff may require my child to remain home or be picked up when symptoms meet the exclusion criteria outlined in the Parent Handbook.
- ✓ Little Me may provide families with illness or communicable-disease information, including the applicable return-to-care timeline, when needed.

Important: The 48-hour period begins after the last episode or symptom has resolved. If symptoms return, the 48-hour period begins again.

I understand that failure to follow the Health & Illness Policy may result in my child being temporarily excluded from the program until the return-to-care requirements are met.

Thank you for helping us protect the health of all Little Me children, families and staff.

Child's Name: _____

Parent/Guardian Name (Printed): _____

Parent/Guardian Signature: _____

Date: _____